



## Welcome to the Nordic Freelance Seminar 2022 in Naantali, Rymättylä near Turku, Finland

After a long break this is an opportunity to meet colleagues again. The FAO will hold a Nordic seminar on 27-28 May 2022 in Naantali, Herrankukkaro - wich is unforgettable, unique, beautiful place close to nature.

The seminar will be held in English.

<https://www.herrankukkaro.fi/en-gb/home>

Herrankukkaro, Luotojentie 245, 21140 Naantali Rymättylä

Coordinates for boats:

Lat. 60° 20.20' N

Lon. 21°59,10' E

The topics of the seminar are topical, such as freedom of speech, human rights and the issue of media ethics. Behavior in socialmedia and hate speech - how has it affected the polarization of the media? How does a journalist get justice? Russia's attack on Ukraine is now becoming topical, manipulated false information to Russians about the course of the war, the position of journalists in Russia.

In the evening program, after dinner on Friday, you can refresh yourself in the smoke sauna and outdoor heated baths right along the archipelago shore.

The 124-seater smoke sauna is a unique construction in the tradition of the millennium and it is known to be the largest smoke sauna in the world.

The pool section of the spa has many hot water pools and a seawater pool filled with fresh and clear seawater from the Archipelago Sea. There is also an opportunity to go for a refreshment in the sea from the pool area.

Saturday is dedicated to the freelancer's well-being at work and the long-standing isolation - how to make journalism in it.

How do you monitor your own coping?

Will the employers allow you to do telework in the future, if necessary?

How the top journalism emerges in the periphery?

We also focus the freelancers well-being at work.

We will take a refreshing nature trip after lunch on Saturday on the Herrankukkaro nature trail and after that there will be a final summary and closing coffees.

Herrankukkaro is a pearl in the middle of nature and by the sea. Accommodation in double rooms. Accommodation is handled on site and costs € 49. The traditional buildings on Herrankukkaro's old fisherman's homestead are a variety of different sizes and can accommodate over 100 overnight guests in total. Mummonmökki, Mammanmökki and Vaarinmökki cottages offer comfortable, idyllic moments and sweet, feather-light dreams. The ripple of the waves and the tranquil environment of the home-stead guarantee a deep sleep.

The seminar fee is € 200 and in addition to the seminar itself, it includes breakfast, lunch, dinner, sauna and evening snack. As well as bus transports from Helsinki and Turku to the seminar venue.

The transports are handled on behalf of the organizer from Helsinki and Turku to the seminar venue by joint bus transport.

The seminar starts on 27.5. at 10 a.m. welcome to the cups and from there we will move to the meeting rooms and start the seminar at 10:30 a.m. Lunch is at 1 pm. The seminar ends on Saturday 28 May. from 3 to 3:30 p.m.

Registration and detailed schedule will come later in the spring.

Additional information:

Irmeli Heliö  
[irmeli.helio@gmail.com](mailto:irmeli.helio@gmail.com)

Anna-Kaisa Vihavainen-Bäckman  
[aaki@vihavainen.com](mailto:aaki@vihavainen.com)

**You are warmly welcome!**